

Real Man
Answer Key
Lesson 1
Chapters One & Two

I. The Masculinity Crisis (Chapter 1)

- A. leadership productivity
1. trying to please everyone castrating
 2. True
 3. b. in who he is
 4. The intervention of the Creator God
- B. the heart of a man
1. True
 2. Read: Proverbs 20:27.
 3. b. the quality of the material used
 4. c. the higher the gloss
 5. Furniture, knives, women, men
- C. 1. The knowledge of his mind
2. The worth of his character
 3. The principles upon which he builds his life
- D. public performance
- E. instant external
constant internal
- F. choices words character

II. The Substitute Society (Chapter 2)

- A. relative absolutes moral life
1. The process of determining what may or may not be right for a person in any given situation
 2. a. live a lie rather than embrace truth
 - b. justify their inconsistencies
 - c. make God into their own image rather than conform to His image
 3. Read: Isaiah 5:20
- B. substitution truth reality
1. Read: 2 Thessalonians 2:10-12 TLB

- 2. relationships
 - a. money for affection
 - b. things for time
- 3.
 - a. talent for anointing
 - d. respectability for righteousness
 - b. remorse for repentance
 - e. passion for obedience
 - c. traditions for commandments
 - f. status symbols for relationships
- C. indifferent rebellion
- D. Substituting God's unconditional love for His conditional promises
- E. Christ-likeness

Real Man
Self Test Lesson 1

- 1. material gloss
- 2.
 - a. the knowledge of his mind
 - b. the worth of his character
 - c. principles upon which he builds his life
- 3. How qualified would-be leaders refuse public service because they are content with, and want to retain, their wealth and positions.
- 4. Private philosophy
- 5. Character
- 6.
 - a. longevity
- 7.
 - a. money for affection
 - b. things for time
- 8. They don't develop inner strength to withstand adversities, pressures and temptations; therefore, they turn to drugs, alcohol, gambling, violence, sex, etc., for escape from tensions and anxieties.
- 9. Relative values
- 10. The church has substituted works for faith, programs for worship, individual experience for continual abiding, the instant for the constant, culture for salvation.

Real Man
Answer Key
Lesson 2
Chapters Three & Four

I. Cracks in the Mirror (Chapter 3)

- A. fabricated real man

- B. 1. the man he wants others to think he is
2. the man he thinks he is
3. the man he really is

- C. His value in their eyes increased according to their perception of him.

- D. 1. integrity

- E. Counselors determine the destiny of kings

- F. 1. imagine
2. create
3. identity
4. renew
5. virtue

- G. By thinking correctly, which comes from “renewing your mind” with the Word.

- H. The most critical image of reality—the image in which we were created—God’s image.

- I. words
 - 1. true character
 - 2. He traded his God-given birthright for a bowl of stew. He was willing to trade his eternal inheritance for a material substance
 - 3. inner core

- J. 2. have our nature changed by identifying ourselves with the person of Jesus Christ

- K. Read: Proverbs 4:23 NIV

II. Behold the Man (Chapter 4)

- A. 30 years
 - 1. Patience

2. Like Jesus, we need to prepare for ministry and wait for our time. Ministry takes time to develop. When it is time, all the qualities needed for our ministry will be there.
 3. unafraid
 4. dared touch him
- B. Prayer
- C. love forgiveness
- D. willing to serve
1. nobility
 2. Anonymity
- E. He established a moral kingdom by the redemptive nature of His work, the nature of His person.

Real Man
Self Test Lesson 2

1.
 - a. A “fabricated” man is a projected image we want others to believe about us.
 - b. A real man identifies with the person of Jesus Christ and it emanates from the inner core of man.
2.
 - a. the man he wants others to think he is
 - b. the man he thinks he is
 - c. the man he really is
3.
 - c. his personal character
4. Counselors determine the destiny of kings.
5. imagine
6. True
7. renew
8. False
9. He developed patience—the virtue of preparation
10. Prayed
11. Prayed and sought God's will
Yes
12. willing to serve

13. true humility

14. life life

**Real Man
Answer Key
Lesson 3
Chapters Five & Six**

I. The Power of Life (Chapter 5)

A. Draw a line between phrases to create four basic principles. (page 37)

- | | | |
|-------------------------|---|--------------------|
| 1. Communication is the | → | a. key to life |
| 2. Exchange is the | → | b. power of life |
| 3. Balance is the | → | c. process of life |
| 4. Agreement is the | → | d. basis of life |

B. Crisis

1. change
2. crisis

C. 1. physical 3. mental 5. social
2. economic 4. emotional 6. spiritual

D. 1. transition higher
2. enemy Christ
3. resurrection
4. miracle
5. life life
6. self
7. Financial bankruptcy
8. spirit death

E. 1. depression 4. resignation
2. despair 5. failure
3. inferiority

F. Quitting

G. dying to self

H. Cross empty tomb

6. Higher mortality
7. stronger
8. The father
9. Timing
10. a. physical b. emotional c. spiritual
11. The body of the victim was chained to the guilty person, and wherever the convicted murderer went, he dragged the dead body with him. Ostracized by the community, he found it difficult to survive. Eventually the condemned person died.
12. False
13. a. love for the Father
b. to seek and save the lost
c. as our Prophet, Priest and King
14. c. god
15. determine happen

Real Man
Answer Key
Lesson 4
Chapters Seven & Eight

I. Maximizing Your Resources (Chapter 7)

- A. stewards
 1. possess possessions nurture protect
 2. Environment, polluted water, damage to ozone, etc.
- B. grace
 1. Read Luke 12:48 TLB.
 2. When men seek to take God's place in dealing with His anointed leaders, they put themselves in personal jeopardy. God has an appointed time for leaders to leave their position and not before.
 3. They each inherited the ministry of their father, but had to “dig the wells” as their father before them—typifying the need for each son to do the works of his father to obtain the same qualifications for leadership.

4. God's anointing

- C. 1. True
- 2. False
- 3. True
- 4. False
- 5. True

D. visionary

E. guide guard govern direct protect correct

II. Staying on Top (Chapter 8)

A. intimacy

B.

- 1. Word
- 2. audible voice
- 3. Angels
- 4. Dreams
- 5. Visions
- 6. spirit
- 7. Prophets
- 8. Godly
- 9. Gifts of the Spirit
- 10. Circumstances
- 11. Desires

- C. 1. b. a body
- 2. a. Word
- 3. a. Word
- 4. b. maintain
- 5. b. expulsive power of a new affection
- 6. b. reveals

- D. 1. Revelation 4. Institutionalization
- 2. Inspiration 5. Crystallization
- 3. Formalization 6. Secularization

E. Draw a line to match the following. (page 73)

- 1. The sin of youth → a. pride
- 2. The sin of middle age → b. prejudice
- 3. The sin of old age → c. passion

F. Read: Genesis 1:1-3; John 1:1.

G. formality informality formal initial experience

H. emotions

I. When new revelation is not integrated because of hardened, unresponsive and negative

attitudes.

1. By rejecting fresh revelation
 2. Marriages, families, churches, businesses
- J. They must accept fresh revelation.
- K. They failed to pray.
- L. By contemporary means—by revealing Himself to men

Real Man
Self Test Lesson 4

1. a. guide
b. guard
c. govern
2. False
3. False
4. Dig their own wells
5. The visionary
6. a. vote
7. a. angels c. Spirit to spirit (also His Word, visions, prophets, godly wisdom
b. dreams d. audible voice Gifts of the Spirit, circumstances and heart desires)
8. a. Revelation d. Institutionalization
b. Inspiration e. Crystallization
c. Formalization f. Secularization
9. c. old age
10. The wife must be revealed anew. You must see her as a gift from God.
11. God sends a word, gives it a body and brings healing to the world.
12. He wanted each succeeding generation to experience Him personally and know His grace and power in their lives.

Real Man
Answer Key
Lesson 5
Chapters Nine & Ten

I. The Cornerstone of Character (Chapter 9)

- A. 1. Read: 2 Timothy 2:2.
2. Commit thou to “able men” who shall be faithful
3. Faithfulness
4. By use you possess and by disuse you decline and lose.
5. Read: Matthew 25:14-30.
6. Negligence – what he didn’t do
7. False
- B. 1. doing nothing
2. blame others
- C. It is a principle Christ gave. One must apply it to his/her own life. If you are faithful in another man’s, you qualify yourself to have your own.
1. By adhering to the principles of being faithful in that which was another man’s.
2. He constantly and faithfully served him.
- D. constancy submission loyalty
- E. ***In your own words:***
1. Submission
2. Repent

II. Nothing but the Truth (Chapter 10)

- A. discovery life
1. Read: Proverbs 2:1-12.
2. way course
- B. When change comes, it elevates the level of life for both the community and the individual.
- C. We trust what we believe to be true. Truth mingled with lies and half-truths is no longer truth. To trust beyond truth is to trust in a lie.
- D. 1. Unbelief 2. Pride 3. Deceitfulness

E. Their love of the truth

F. trust

1. respect bear his name
2. Read: 2 Thessalonians 2:10-12 AMP
3. discipline truth

Practical:

3. 1 – God 2 – Wife 3 – Children 4 – Ministry 5 – Career

Real Man
Self Test Lesson 5

1. A cornerstone is the main part or basis of something. It is lasting and enduring—unshakable, God commits to character—and the man who is faithful has character.
2. False
3. By use you possess, by disuse you decline and lose.
4. greater trust
5. another man's
6. Sedition
7. When one parent tells a child "no" to something and the other parent lets them have it or do it.
8. False
9. The individual must change
10. a. Unbelief
b. Pride
c. Deceitfulness
11. We cannot base our lives on God's Word mixed with lies from a decadent society.
12. 1 - God 2 - Wife 3 - Children 4 - Ministry 5 - Career

Real Man

Answer Key
Lesson 6
Chapters Eleven & Twelve

I. Love or Lust (Chapter 11)

- A. benefit others self give benefit self others get
1. False
 2. False
- B. consequences
1. pleasure
 2. torment consequences
 3. When we experience temptation and overcome it.
- C. Covetousness, gluttony, drunkenness, power hunger, unbridled ambition
- D. No
- E. 1. Lust of the flesh
2. Lust of the eyes
 3. Pride of life
- F. Read: Luke 4:1-13.
1. By dealing with them at their basic level
 2. Lust of the eyes
- G. Walk in the Spirit so you won't fulfill the lust of the flesh.
- H. Read: Titus 2:11-12.
- lust

II. Royal Pursuits (Chapter 12)

- A. Kingdom of God kingdom of Satan
1. character of the king
 2. All the characteristics from the Kingdom of God are positive and all in the other kingdom are negative. (light vs. darkness; truth vs. lies; love vs. lust)
 3. Kingdom of God
 - a. ministry holder
 - b. production

production production prayer

- c. Things of this life to follow the temporal
- B. committee compromise accountability please God
- C. Jesus' touch brought results, but His method always brought a reaction.
- D. 1. The constant 4. The Internal
 2. The touch 5. Character
 3. Results

Real Man
Self Test Lesson 6

1. the desire to benefit (please) others at the expense of self
 the desire to benefit (please) self at the expense of others
2. Romans 1:27
3. a. Covetousness c. Drunkenness e. unbridled ambition
 b. Gluttony d. Power Hunger
4. a. Lust of the flesh
 b. Lust of the eyes
 c. Pride of life
5. Because it basically is the worship of self
6. c. two
7. Its morality is in the heart of the holder.
8. ministry men money.
 ministry men money
9. False
10. False
11. people
12. False

Real Man
Answer Key
Lesson 7
Chapters Thirteen & Fourteen

I. The Cost of Greatness (Chapter 13)

- A. Accepting responsibility
1. serving serve
 2. Read: Matthew 20:25-26.
 3. T
F
F
T
F
 4. responsibility The negative
- B. He blamed God for his trouble.
- C. Teaching sons to accept responsibility for their actions
obey imitate
- D. Being responsible
- E. c. serving

II. The Winning Strategy (Chapter 14)

- A. The acquiring of facts
The Interpreting of facts
The application of facts
Is first pure, then peaceable, then gentle
Is earthly, sensual, demonic
- B. That it is basic wisdom to prepare for our future and foolishness not to.
- C. Planning what occurs after the event, then working back to the present
1. earthly world exercise dominion over him
 2. insanity
- D. Wanting God by some magical process to resurrect something that has been a result of one's slack or sloth—wanting God to do something without one's work.
- E. 1. Obtain wisdom 3. Obtain victory
2. Obtain strategy 4. Obtain Glory
- F. In private
In public

Real Man
Self Test Lesson 7

1. By His willingness to be the minister and servant of all.
2. responsibility
3. So that the child can take responsibility for his/her actions.
4. imitate
5. David loved truth, but Saul did not.
6. facts
application of the facts
7. c. fear of the Lord
8. False
9. glory victory victory strategy strategy wisdom
10. Magical thinking
11. In private
12. Assumption

Real Man
Answer Key
Lesson 8
Chapters Fifteen & Sixteen

I. Employed for Life (Chapter 15)

A. production and momentum

1. stifling atmosphere
2. self-esteem
3. dignity

B. creativity produce

If a man's abilities and creativity cannot be expressed legally, he will find fulfillment illegally, immorally and illicitly.

C. The dignity of man

D. People wanting the church to support them rather than them supporting the church.

E. They are men and women who have "religion" that offers them none of the excitement of living that the spiritually employed enjoy.

1. a. the pastor
2. b. the excitement of serving Christ
3. a. praying for someone who starts a new relationship with Christ

F. Gifts are determined as they become manifest in the process of ministering to others.

G. Testifying Reading the Bible (also praying with your wife)
Witnessing to friends Visiting the sick

H. Read: 1 Corinthians 15:58.

II. Financial Freedom (Chapter 16)

A. devil's work Lord

1. impossible to gain any other way
2. use money

B. Read: Malachi 1:5-10.

- C. 1. The tendency to trust in riches instead of God
2. That they will bring you happiness and health
 3. That you never have enough

D. They are both irresponsible.

E. Great good and great fruit follow—the gospel is preached, men become sons of God and

friends are made for eternity.

- F. 1. sacrifice disobedience
2. limitations faith faith limitations

Real Man
Self Test Lesson 8

1. a. dignity c. self-esteem
2. It creates a stifling atmosphere and they don't experience the excitement of living that the spiritually employed enjoy.
3. True
4. Because it has shifted from a productive society to a consumer-oriented society—a position of wealth and strength to become the world's largest debtor nation.
5. a. Reading the Bible (also visiting the sick or lonely)
b. Sharing your faith
c. Praying with your spouse
6. True
7. They dishonored God by bringing Him the leftovers to the altar and kept the best for themselves.
8. False
9. The use of money
10. attitude
11. irresponsible
12. False

Real Man
Answer Key
Lesson 9
Chapters Seventeen & Eighteen

I. Positive Stress (Chapter 17)

- A. magnifies
1. a. Depression d. Failure
b. Despair e. Inferiority
c. Resignation

- 2. normal
- B.
 - 1. False
 - 2. True
 - 3. True
- C. desperation overwhelm
- D. Read: Proverbs 24:10 TLB
- E. fine tuning
 - 1. precious people
 - 2. pressure
- F. "But God"
 - 1. b. you commit it to God
 - 2. nature God
- G. 1. – 5. *Select 5 from the following.*

It is necessary for spiritual growth.	It produces more love in committed people.
It produces a greater degree of sanctification.	It prepares you for greater works.
It causes the greatest need for prayer.	It comes from resisting Satan.
It produces seeking after God, and that glorifies Him.	It comes before victory.

II. Peace for All Seasons (Chapter 18)

- A. victory
 - 1. war hearts
 - 2. a. negotiated compromise
- B. Read: Psalm 55:21 NKJV.
- C.
 - 1. decisiveness in leaders
 - 2. ruthlessness in discipline
 - 3. willingness to fight until the battle is over & the victory is won
- D. Cross crown
 - 1. Because of His total victory over death, Hell and the grave.
 - 2. ephemeral transitory eternal
 - 3. Read: John 14:27 NKJV.
- E.
 - 1. conviction
 - convenience

2. peace power

F. g

f

e

d

c

a

b

G. Read: Proverbs 25:26 NKJV.

1. He made a truce with them.

2. power choice

3. servant

H. mouths shut

Real Man
Self Test Lesson 9

1. False
2. Pressure
3. pressure
4.
 - a. It's necessary for spiritual growth.
 - b. It produces more love in committed people.
 - c. It produces a greater degree of sanctification.
 - d. It produces seeking after God, and that glorifies Him.
5. When you commit them to God.
6. positive positive
7. Victory
8. False
9. False
10. hearts
11. strong weak
12. That men must have a ruthless attitude toward sin—and fight for victory.

- 13. power flesh
- 14. a servant to that choice

Real Man
Answer Key
Lesson 10
Chapter Nineteen

I. Leadership that Works (Chapter 20)

A. capabilities

- 1. a. Uninhibited in their lifestyle
- b. Fervent in spirit
- c. Zealous of good works
- 2. course of history

B.

Reputation
above reproach
with outsiders

Ethics
husband of
one wife
respectable

Morality
not given to
drunkenness
not a lover
of money

Temperament
self-controlled
not violent,
but gentle
not quarrelsome

Habits
manages his
family well
hospitable

Maturity
someone saved
for a while
obedient children
able to teach

C. name

D. family

- 1. balanced
- 2. moral absolutes
- 3. Pharisees Sadducees

E.

- ethical virtue courage
- 1. bane of manhood
- 2. moral cowardice

F.

- 1. To face reality 4. Change
- 2. Admit need 5. Make decisions
- 3. Confess wrong 6. Hold convictions

- G. the emotion of the moment of the gratification he can garner, but on the merits of the decision itself
Is it biblical, moral, ethical, legal?
- H. mental traits
 - 1. Places they retreated to in secrecy to worship false gods
 - 2. Secret thoughts, strongholds of nostalgia, sentiment, fantasy, hatred, unforgiveness
 - 3. default determination
- I. Facets of character, friends he chooses, decisions he makes, responsibility he accepts, leadership he exercises
 - 1. determine
 - 2. happen
- J. moral home church community
- K. relationship

Real Man
Self Test Lesson 10

- 1. ego mastery
- 2. a. Uninhibited in their lifestyle
b. Fervent in spirit
c. Zealous of good works
- 3. The contagion in disease that is only found when the fever is present.
- 4. Leadership
- 5. False
- 6. b. wrong doing
- 7. Pharisees and Sadducees
- 8. Moral cowardice
- 9. infect others
- 10. a. Biblical c. Moral
b. Ethical d. Legal
- 11. c. idolatry

12. determination
habit

Real Man
Answer Key
Lesson 11
Chapter Twenty & Twenty-One

I. The Irresistible Husband (Chapter 20)

- A. wisdom
1. Holy Spirit
 2. for the good of others
 3. In such things as appearance, manners, speech, hygiene and habits, character traits
- B. Philippians 2:3 “Let each esteem others better than himself.”
1. Read Galatians 5:22-24.
 2. gentleness, kindness, humility, leadership
- C. 1. gentle
2. complete
 3. uniqueness
 4. that man’s wife, his best friend and the completion of his life
- D. second decision

II. The Fabulous Father (Chapter 21)

- A. children
1. a. prophet b. priest c. king
 2. a. Prophet—the father speaks from God to his children.
b. Priest—the father speaks for his children to God.
c. King—the father governs, qualifying himself to lead by his willingness to serve.
- B. The deifying of self
- C. They began to desire to be satisfied, rather than working to satisfy. It helped to bring on the “me generation” where the goal was to satisfy self.
- D. For every seven hours spent watching television, children spent only one hour reading.
- E. To reach and teach what is right to children and youth.

1. In the home
2. mentored older
3. Read: 1 Peter 5:5 TLB.
4. stewards
5. study practice time
6. imitate

Real Man
Self Test Lesson 11

1. a. manners
b. speech
c. hygiene
d. appearance
2. Deadly Dad
3. a. prophet b. priest c. king
4. One
5. To reach and teach what is right to children and youth
6. a. Low ambition level
b. Poor self-image
c. Low sociability
d. Emotional deprivation
7. discipline love worth
8. True
9. To give him anything he wants
10. defilement
11. redemptively sacrificially unconditionally
12. let them see him make his

Real Man
Answer Key
Lesson 12
Chapters Twenty-Two & Twenty-Three

I. The Authentic Friend (Chapter 22)

- A. greatest treasure real man
 True
- B. deepens
- C. rejoice
- D. protection source solace
 - 1. friendship romance
 - 2. friendly

II. The Greatest Pleasure in Life (Chapter 23)

- A. eagerly
- B. pleasing
 - 1. Read: Colossians 1:10.
 - 2. Write out Philippians 2:13.
 For it is God which worketh in you both to will and to do of his good pleasure.
 - 3. Write out Revelations 4:12.
 For thou hast created all things, and for thy pleasure they are and were created.
- C. secure relationship
- D. wickedness wicked
- E. pleasure

- F. manhood
 - 1. Have faith in His Son
 - 2. Obey Him
 - 3. Are led by His Spirit
 - 4. Praise Him
 - 5. Serve Him
 - 6. Give to the ministry





- G. repentance

Real Man
Self Test *Lesson 12*

- 1. Faithful friends
- 2. They advise devious deeds that will lead to ruin.
- 3. Deepens the friendship
- 4. A wife
- 5. False
- 6. By being friendly
- 7. False
- 8. False
- 9. God's pleasure
- 10.
 - a. Have faith in His Son
 - b. Obey Him
 - c. Are led by His Spirit
 - d. Praise Him
 - e. Serve Him
 - f. Give to the ministry
- 11. Yes, by our repentance
- 12. True

**Real Man
Answer Key**

Final Exam

1. higher the gloss
2.
 - a. The knowledge of his mind
 - b. The worth of his character
 - c. The principles upon which he builds his life
3. Private philosophy
4. Character
5. longevity
6.
 - c. his personal character
7. True
8. willing to serve
9. Draw a line between phrases to create four basic principles.
 - a. Communication is the 
 - b. Exchange is the 
 - c. Balance is the 
 - d. Agreement is the 
10. change
11. False
12. A resurrection
13. False
14. Dying to self
15.
 - a. guide
 - b. guard
 - c. govern
16. False
17.
 - a. vote
18.

<ol style="list-style-type: none">a. His Wordb. Audible voice	<ol style="list-style-type: none">c. Godly counseld. Circumstances	(also dreams, visions, Spirit to spirit, prophets, Gifts of the Spirit, Desires of the heart, angels)
--	---	--

19. a. Revelation d. Institutionalization
 b. Inspiration e. Crystallization
 c. Formalizations f. Secularization
20. False
21. another man's
22. Sedition
23. False
24. 1 – God 2 – Wife 3 – Children 4 – Ministry 5 - Career
25. the desire to benefit (please) others at the expense of self.
 the desire to benefit (please) self at the expense of others.
26. a. Lust of the flesh
 b. Lust of the eyes
 c. Pride of life
27. God
 Satan
28. False
29. Accepting responsibility
30. False
31. obey imitate
32. wisdom strategy
33. False
34. True
35. attitude
36. False
37. False
38. pressure
39. False

40. a servant to that choice
41. False
42. a. Biblical c. Ethical
b. Moral d. Legal
43. determination
44. a. love d. patience g. faithfulness
b. joy e. kindness h. gentleness
c. peace f. goodness i. self-control
45. Galatians 5
46. a. intimacy b. discipline c. worth (also love)
47. a. redemptively
b. sacrificially
c. unconditionally
48. let them see him make his
49. Faithful friends
50. False
51. False
52. By our repentance
53. True
54. Short essay: "Faithfulness is the cornerstone of character."

Essay Questions for Ed Cole's MAJORING IN MEN™ Curriculum

One essay question must be completed from each book in order for a MAJORING IN MEN™ student to be "commissioned" as a Minister to Men by the churches and ministries licensed under the "Maximized Manhood" banner of the Edwin Louis Cole Library. To learn more about being commissioned, please go to "How to Become Commissioned." To receive a permit to commission other men, go to "How to Commission Other Men" on the EdColeLibrary.org website.

Instructions for Essay Exam:

1. Write your exam on a separate paper, using not more than 10 pages.
2. Your exam must be written in legible English to be accepted. If you do not have access to a typewriter or a computer, good, clear handwriting is acceptable. Illegible exams will be returned.
3. Choose one of the questions below from each of the three books you studied. Write the question at the top of your exam before you answer.

Send or give your completed exam to your pastor or men's leader, or send it to one of the governing churches or ministries who commission men, as shown on the website, www.EdColeLibrary.org.

Real Man

CHOOSE ONE:

1. Choose a text reference from the Bible and write on the principle that "private philosophy determines public performance." Include patterns, other principles, Scripture references and modern quotes as applicable.
2. Prepare a personal written testimony on "spiritual unemployment." Why is it essential for a man to be spiritually employed and active? Support your conclusions with Scripture.
3. Create a one-hour presentation of any kind on the principle that "fame can come in a moment, but greatness comes with longevity." Write an outline for it. Include Scripture references and personal illustrations.